



Lynx Link

January 2023

Giving Thanks for the Giving Tree Supporters

*Twenty-Sevent L&C families benefited from your generosity. This truly could not have been done without **each** of you who contributed!* The FRC would like to thank everyone who gave time, gifts or money to make the Giving Tree such a success! Special thank you to Renee Flynn and Amanda Braun for sorting and organizing gifts. And cheers to Rachel Cain for last minute elf shopping! **Words of thanks from the families...**



Thank you very much for making our kids' Christmas better. We very much appreciate it. **Family #2**

Thank you so much for helping my family out this holiday. **Family #3**

Thank you so much. We are very blessed. Thank you! Thank you! **Family #4**

My son and I want to show our gratitude. You brought us a piece of paradise for the holiday season. Big Hugs! Merry Christmas! **Family #6**

Thank you for everything you have done for our family. Merry Christmas! **Family #7**

Thank you so much. Have a good Christmas! **Family #8**

Thank you very much. You have made our Christmas even brighter. Merry Christmas to you and yours. **Family #9**

Thank you , Thank you, Thank you! Merry Christmas and Happy New Year! **Family #10**

We really appreciate the amount of help we have gotten during the holidays. Christmas this year wouldn't be Christmas without the amazing and gracious people that have helped with gifts this year.

We are so blessed and thankful for you. Thank you very much for everything! **Family #11**

This year has been a very chaotic year. I'm very grateful for all the kindness and generosity from wonderful people here at Lewis and Clark. This has helped me immensely on having less stress and worrying about making this Christmas a great one for my family. Thank you! **Family #12**

Thank you for the wonderful gifts. We are very thankful! **Family #13**

Thank you so much for your generosity this holiday season. My family really appreciates it. **Family #14**

Thank you for the gifts for my boys. We greatly appreciate it. Thanks again! **Family #15**

Thank you so much for helping my family this Christmas. It is greatly appreciated. Thank you! **Family #16**

We know how lucky we are in Lewis and Clark Community. Yet we are still shocked every year @ the heart and soul this school family has. It means everything to us. Thank you! **Family #17**

Thank you very much for your generosity! The holidays can be a difficult time. Thank you for blessing our family this year. Best wishes and Many Thanks! **Family #18**

We want to thank you so much for making our family's Christmas so special. We truly thank you! **Family #19**

Merry Christmas! Thank you! This means so much to our family. We really appreciate you! **Family #20**

My family thanks you all from the bottom of our hearts. The joy you will bring on our Christmas morning means so very much to us all. We love this community! **Family #21**

Huge thanks for the gifts for our family. Made our year! **Family #22**



Thank you for your generosity and making our Christmas so special and less stressful. **Family #25** God bless you! Me and my kids appreciate all you've given us. I hope all good things come back to you. I will pay it forward! **Family #27**

January 2023

3 School Resumes

9-13 Spirit Week (see pg.5)

16 MLK Day— no school

17 PTA Meeting 3:30 pm*note new time!!

23-27 - Lost & Found Display

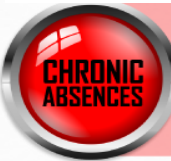
Jan 30-Feb 4—MCT Production

Coming in February
Super Bowl Food Drive -
February 6-10



If your child will be absent due to illness or travel, please call the L&C Attendance Line to excuse them.

406-728-
2400 ext.
4362



18 OR MORE DAYS

- Excused and unexcused absences represent lost time in the classroom and lost opportunities to learn.
- Missing just one day every two weeks can add up to 18 days in a year. Absences add up before you even know it.



10 TO 17 DAYS

- Students who are absent an average of 15 days a year miss a year's worth of school before their senior year.
- When students miss a day of school it actually puts them two days behind their classmates.



9 OR FEWER ABSENCES

- Students with good attendance generally achieve higher grades and enjoy school more.
- Children benefit and make the most of their educational opportunities if they attend school regularly and on time.

From the Principal's Office:

Happy New Year Lewis & Clark Families!

It is SO nice to have our classrooms and halls filled with children again! I hope everyone enjoyed the holiday season, and that your children are as excited to be back, as we are to have them! The school year has been filled with energy and a passion for learning. I can see it on your child(ren)'s faces and hear it in their conversations.

As we begin the new year, we often create resolutions as this is a natural time to "reboot." At Lewis & Clark, we take this time to reemphasize our philosophy of educating and supporting the whole child. We live these words each day as we constantly adjust our instruction to meet the needs of kids in "real time." What this means to us, is that each day, we strive to deliver the best instruction, based on what our students need. L & C is a FABULOUS school, in a FABULOUS community, with FABULOUS families. In 2023 we continue our promise to meet the needs of each child, each day, so that they can reach their potential in life! We are lucky to partner with you in this important endeavor.

Wishing you the best in 2023,
Alanna

Character Strong Focus of the Month—Perseverance

The PTA Page

The Parent-Teacher Association of Lewis & Clark Elementary School strives to build an enriching school culture and a welcoming environment for all children, parents, and staff.

PTA Officers 2022-2023 School Year

President- Kamra Kolendich

lewisandclark.pta.missoula@gmail.com

Vice-President—Keri McHugh

lewisandclark.pta.vp@gmail.com

Co-Treasurers—Kyle Bocinsky & Staci Nugent

lewisandclarkptatreasurer@gmail.com

Secretary—Jeff Lamson

lewisandclarksecretary@gmail.com

Teacher Liaison—Jordan Garland, 5th GD

jgarland@mcpsmt.org

Teacher Liaison—Sharon Jones, 4th GD

sgjones@mcpsmt.org

**Resolved to be more
involved in this new year?**

**Join the PTA meeting on
Tuesday, Jan. 17th—3:30 pm**



SUPPORT Lewis & Clark By Buying Your Groceries!

There are many ways to help our school by donating and volunteering, but you can also help just by shopping at your favorite grocery store!

**Here's how to give back to
Lewis and Clark:**



Good Food Store provides 3% back to schools AND it's easier than ever! When checking out, just tell the Good Food Store cashier you want to donate to Lewis & Clark or give them our school "prefix" code of 334. They will send 3% of your purchase to L&C.

NEW time for PTA meeting this month! Join us Tuesday, Jan. 17th at **3:30** (right after school)! Bring a friend and hear what is happening!



Save the Date!

Missoula Children's Theatre is coming to Lewis & Clark January 30th-February 4th. Stay tuned for more details!

**MISSOULA
CHILDREN'S
THEATRE**

Super Bowl Food Drive to Benefit the FRC and Missoula Food Bank

Save the Date!
February 6th-10th

Cast your vote for your favorite Super Bowl team by donating non-perishable food items. Start stocking up now to give in February!

**Super Bowl 2023 is
Sunday, February 12th!**



LYNX LITERACY TIPS

Welcome to a new year! This is the time during the school year when the pace really tends to pick up. Routines are established, relationships are secure, and kids can settle into many weeks of sustained learning at school without the schedule changes that are so common in the fall. This school year has brought enormous growth to so many of our kiddos! We are excited to continue building momentum and helping our students close the gaps in their learning between now and the end of the school year.

HOW YOU CAN HELP:

- Ensure that your child comes to school on time every day as long as they are not sick! Absences and tardies have a big impact on your child's academic growth.
- Practice skills at home! Have younger children read good-fit books to you every afternoon, and help them practice their power words. You can support established readers by helping them make time every afternoon or evening to curl up with a good book.



We couldn't be more grateful to be on your child's education team with you. Let's make 2023 a fantastic year!

-Provided by Christy Meurer, L&C Intervention Specialist

Counselor's Corner: A Note from Ms. Myers

Helping kids navigate strong feelings can be tricky. One way to build alliance and understanding is to start with validating and acknowledging these big feelings.

Instead of "don't be sad!", try one of these:

- "It's ok to be sad."
- "I feel sad sometimes, too."
- "I'm here for you."
- "How big is your sad?"
- "Everyone has times they feel sad."
- "I love you."
- "Do you want a hug?"
- "Tell me what happened."





Have a Missoula Public Library card?
If so, you can find FREE movies, documentaries, foreign films, classic cinema, and independent films that inspire and entertain. Find out more at:
<https://missoula.kanopy.com>

Need a library card? They're FREE, too!

Get them here:

<https://www.missoulapubliclibrary.org/home/services/library-cards/>

Every year, beginning September 1, all kids in the **FOURTH GRADE** have access to their own Every Kid Outdoors pass at www.everykidoutdoors.gov. This pass provides free access to national parks across the country.

The Every Kid Outdoors pass is good for the 4th grade school year, until August 31. Information on obtaining the pass is available by visiting www.everykidoutdoors.gov.



**Lewis & Clark
Spirit Week: *Week
of January 9th***
Monday- Neon or
bright colors

Tuesday-Athletic
wear (hoodies,
sweats, etc.)

Wednesday-Tie-dye

Thursday-Fun Socks

Friday-Lynx Wear



***Missing items will be displayed January 23-27
in the hallway outside the gym.***

**LOST
AND
FOUND**

Please remember the power of a Sharpie!
Write names in all clothing items, including outerwear and water bottles. Items with legible names will be returned to your child!

The Family Resource Center Says THANKS for the following donations:

Taylor Family—Boots

Brant Family— Clothes, Shoes and Outwear

Brueckner Family—Clothes and outerwear

Kemmis Family—Girls Pants

Ross Family—Boys clothes



Family Resource Specialists Tracey Cravy and Lisa Hayhurst

728-2400 x4355 frclewis@mcpsmt.org



PERSEVERANCE

PurposeFull Pursuits



PurposeFULL
People

Have some fun connecting as a family this month while practicing Perseverance. Here are 3 "PurposeFull Pursuits" for you to complete together. How many can you do this month?

Pursuit #1

Consistency is hard. Have each person in the family commit to 1 thing they will do each day this week. Maybe it is flossing, drinking a certain amount of water, getting to bed at a certain time, limiting screen time, or exercising. Create a place where each person can tally their progress and see who can keep their streak going the longest!

Pursuit #2

Review Perseverance as a family! Remember that Perseverance is pushing yourself to work through challenges and obstacles. **Here's a fun challenge:** Can you fit your whole body through an index card? While it sounds impossible, with the correct folding and cutting technique, you can make it happen! Give each family member a 4x6 index card and a pair of scissors. Ready for the answer? You can find the directions and solution online by searching: "Fit Your Body Through an Index Card."



Pursuit #3

We have all demonstrated Perseverance in our lives. Many of us have seen people practice Perseverance in ways that have inspired us. Stories are powerful tools for connecting as a family. Protect time this week to share stories about Perseverance with each other (you can use the story prompts to get started). At the end of the conversation, think of 1 way you can practice Perseverance this week.



Story Prompts:

- A time I (or someone else) showed Perseverance was ____.
- An act of Perseverance that changed/challenged me was ____.

